Lesson Overview
Sherman and the Moonlit Moshisaur
Grades 3-5

CASEL Standards:
RELATIONSHIP SKILLS: The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups. This includes the capacities to communicate clearly, listen actively, cooperate, work collaboratively to problem solve and negotiate conflict constructively, navigate settings with differing social and cultural demands and opportunities, provide leadership, and seek or offer help when needed.

Academic Standards:
Common Core English/Language Arts Standards:
CCSS.ELA-LITERACY.SL.3.2
CCSS.ELA-LITERACY.SL.4.2
CCSS.ELA-LITERACY.SL.5.2
Determine the main ideas and supporting details of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally.

Objective:
Communicate effectively.
Resolve conflicts constructively.

Essential Questions:
How can I be courageous but courteous when talking to others?
How can I resolve a conflict with someone?

Mindful Teaching Tips

Teacher's Note: You will hear peaceful music at the end of the story. Your class can use the time to answer the lesson questions, or remain in quiet reflection.
Teaching Transcript

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Before You Listen
Today we will join Sherman the Super Doopersaurus as he asks a big Moshisaur to be quiet so his friends won’t be scared.

Sherman’s story can show us how to be courageous but courteous. Courageous means having courage and being brave. Courteous means being respectful and polite.

This story is about prehistoric times. Prehistoric means very old.

Get comfortable, breathe deeply, and get ready to focus your mind on the sounds and the story you are about to hear. Let’s listen quietly to “Sherman the Moonlit Moshisaur.”

After You Listen
Why did other Moshlings get nervous when Moshisaurs were around?
The Moshlings got nervous because the Moshisaurs yawned so loudly it hurt their ears.

What did Sherman find out about why the Moshisaurs were so loud?
Sherman found out that the Moshisaurs yawned so loudly because they were tired and grouchy.

How did Sherman help out the Moshisaur?
Sherman took the Moshisaur to find the Tree of Slumber.

How did the Tree of Slumber help the Moshisaur?
The Tree of Slumber helped the Moshisaur to stop yawning and fall asleep.

What did the Moshisaur do after Sherman helped him?
The Moshisaur thanked Sherman for helping the Moshisaurs sleep.

What was the Moshisaur’s wish?
The Moshisaur wished that all the Moshisaurs could sleep and snore quietly.

Why did Sherman make a drawing of himself and the Moshisaur under the Tree of Slumber?
To make sure future Moshlings would know that giant Moshisaurs once roamed the land.
Home Time Activity

What Would You Do? Complete the activity to help you strengthen your relationship skills with others. Choose one of the following journal prompts. Think about what you learned from Sherman and the Moshisaurs about how to be courageous but courteous. Write or draw about what you would do.

- A person in your class spilled their juice at lunch yesterday. You saw one of your friends laughing at them. You could tell the person who spilled their juice was upset. What would you do to let your friend know it hurt someone’s feelings to laugh at them?

- Your little brother borrowed your favorite drawing pencils and now some of them are broken. What could you say to your little brother about taking care of things you borrow?

Weekly Theme Card

Remember to breathe deeply when you are upset about something.

Think about how Sherman got the huge Moshisaurs to be quiet.

You can have courage to do the right thing.

You can be courteous to others when communicating with them.

Problems often have solutions that are courteous to everyone.

When you need to say something, you can be brave and kind like Sherman!